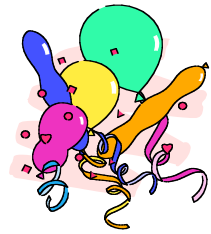


# WESTFORD HEALTH DEPARTMENT HEALTH AND SAFETY FAIR



## 2009



**ABBOT MIDDLE SCHOOL GYM and GROUNDS**  
**Saturday May 16**  
**8a.m. - 12p.m.**

### **FREE SCREENINGS/SERVICES INCLUDE**

Blood Pressure  
Podiatry Screening  
Pulmonary Function  
Blood Sugar  
Cholesterol\*  
Bone Density  
Chiropractic  
Coronary Risk  
PSA (Men)

Hearing  
Vision/ Glaucoma  
Acupuncture  
Senior Safety/Support  
Body Fat/BMI  
Dental Screenings  
Thyroid Function  
Pediatric Health  
Free Tetanus Boosters

Free Reiki/Massage

\*For Cholesterol Screening please fast for 12 Hours

**Over 20 educational booths!!**

### **FAMILY ACTIVITIES**

Children's Games - Free Face Painting - Free Children's ID Kits

Police Department Car Seat Safety Checks

**Come have fun and learn about your health!**

\*Seniors can park at the Senior Center and a van will shuttle to Abbot

**THANK YOU TO OUR SPONSOR –Westford Rotary Club**